Tuscany: Val d'Orcia Bike Tour - White Roads - Strade Bianche

8 days, *€ 915*



ITALIAN BIKE TOURS
Bike, Breathe & Discover

Introduction



This **Val d'Orcia bike tour** on the **White Roads** takes you through the Tuscan landscape which will warm your heart like a classic photograph as you cycle the waves of undulating green hills, captured in time as if the Etruscans just rode through. Glance at the picturesque farmhouses nestled amidst the olive groves and vineyards. Pass walnut and fig trees on your way to the hot spring town of Bagno Vignoni, and then explore the phenomenal labyrinth streets and artisan workshops of Montepulciano. You shall visit Renaissance palaces, Romanesque churches, thermal baths, and prestigious wineries serving the divine local red "Brunello". Soaring up high to fascinating hilltop towns, you will revel in delight on this **Val d'Orcia bike tour**.

Day to Day

Day 1 **Arrive in Buonconvento**

Upon arrival in the charming medieval town of Buonconvento, rich in history and architecture with 700-year old walls, a transfer will take you to the agriturismo (farm house) where you will stay for the next four nights. A delicious Tuscan dinner awaits you! If you have rented bikes with us, they will be waiting for you at the accommodation.

Day 2 **Buonconvento to Murlo and La Befa round tour** **33 km**

Ride through the bountiful, uncontaminated countryside on the characteristic and well kept dirt roads to Murlo and immerse yourself in the dense woods as you ride by the Crevole River. Continue past steep cliffs to the sweet smell of bright yellow flowers and through an enchanting oak tree forest to La Befa. A short part of the trail is too narrow or rocky to cycle (about 300m) however the exhilarating views are more than worth the effort.

Challenge: 33 km, 584m ascent, 675m descent

Day 3 **Buonconvento to Montalcino round tour** **24 km**

Pedal through vibrant fields of sunflowers past Buonconvento to the heart of the Brunello wine district. The Monte Amiata volcano lures above as the surrounding countryside transforms into endless olive groves and vineyards. Ride steeply up to the fortified city of Montalcino where you can visit its magnificent 14th century fortress and Palazzo Comunale, then return to Buonconvento along remote back roads.

Challenge: 24/42 km, 588/1177m ascent, 588/1177m descent

Day 4 **Buonconvento to Pienza** **37 km**

Climb uphill to the renowned monastery of Monte Oliveto Maggiore with its delightful frescos and botanical garden. After replenishing your soul, follow a winding route past isolated villages to until you reach a row of hundreds of cypress trees, inviting you to visit the stunning Sant'Anna in Camprena monastery. Admire the frescos then finish your day in the lovely town of Pienza.

Challenge: 37.7 km, 1000m ascent, 756m descent

Day 5 **Pienza to Bagno Vignoni round tour** **27 km**

Today is a relaxing day in which you will travel on smooth country roads to the medieval hamlet of Bagno Vignoni where you can rest and swim in its healing thermal waters, enjoyed by the Romans and home to the legendary water nymphs. Ride back to Pienza along gently undulating hills through unspoiled countryside and embrace the essence of Southern Tuscany.

Challenge: 27.7 km, 674m ascent, 674m descent

Day 6 **Pienza to Montepulciano round tour** **34 km**

From Pienza, travel along an immensely panoramic roads past the medieval stone-built hamlet of Monticchiello. Ride up a remarkable limestone ridge and enjoy breath-taking views of the Val d'Orcia. Gather your strength as you make the climb up to Montepulciano. Upon arrival, celebrate with a glass of the famous local Vino Nobile wine. Head back down happy and giddy towards Pienza.

Challenge: 34 km, 1000m ascent, 1000m descent

Day 7 **Pienza to Buonconvento via Lucignano d'Asso** **24 km**

The ride today is mostly on gravel road, gentle rolling hills in the most beautiful countryside of the Orcia valley. Half way you can stop in Lucignano d'Asso, a tiny village on the L'eroica cycle route. Then you ride back to the organic farm of Pieve a Salti where you stay tonight.

Challenge: 24 km, 400m ascent, 650m descent

Day 8 **Arrivederci Val d'Orcia!**

After breakfast a short transfer takes you down to Buonconvento (arrange the time with the reception in advance), where you can catch the local bus or train to the airport, unless you have booked a transfer or extra services with us.

Prices, Data, Booking

Price pp		**€**
Double room, breakfast	price from	915.00
Rental bike		**€**
Hybrid		170.00
E-bike		250.00
Extra services		**€**
Giving back to nature	per piece	5.00

Accommodation

Nights in a 4-star hotel and agriturismo with breakfast

Practical Info



7 nights included



4 Star Hotels



Breakfast included, Halfboard optional



Tourist information on all the places of interest



Bike rental available



7-days a week service-hotline



Luggage transport included



Buonconvento Train station



Parking possibilities at the hotel



GPS-tracks available