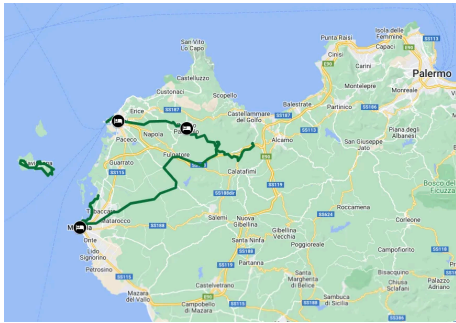


# Cycling Tours in Sicily: Sunset west coast, Marsala & Trapani

7 days, € 800



## Introduction



Slowly cycling through the **western coast** on one of these unforgettable experiences of **cycling tours in Sicily**, you will be able to appreciate the region's **vivid contrasts and extraordinary history**. This corner of the island reveals a full **palette of colours**: the luminescent white of the ancient salt pans, the deep blue of the skies, the emerald tones of the clear waters perfect for swimming, and wide fields glowing with greens and yellows throughout the seasons.

Along the way, the island's rich culinary heritage becomes an experience in itself. A succession of **mouth watering Sicilian specialties**—from fresh seafood to traditional pastries—will not disappoint you after a day spent cycling. The towns are lively, full of local energy and culture, while the **countryside remains quiet and peaceful**, offering a wonderful balance of exploration and relaxation.

Some cycling days on this itinerary are **intentionally short**, giving you the opportunity to slow down, unwind and truly enjoy the landscapes around you. Whether you decide to stop for a scenic break, explore an archaeological site, or simply breathe in the Mediterranean atmosphere, **cycling tours in Sicily** allows you to experience the island at your own pace, discovering its most authentic and captivating side.

## Day to Day

### Day 1 **Arrive in Marsala**

Arrive to the town where **Marsala wine** comes from and spend the afternoon mingling with the locals as they **promenade on marble cobbled streets** from one piazza to the next, chatting and admiring the numerous **imposing baroque churches**

### Day 2 **Coastal loop ride to the Marsala salt pans**

**23 km**

Head North along the coast to the **spectacular Inversa salt flats**, a patchwork of **shallow coastal lakes** lined with ancient **windmills** and home to **many migratory birds** and a small **salt museum**.

*Challenge: 23km, ascent 20mt, descent 20mt*

### Day 3 **Ride Marsala to Buseto Palizzolo**

**42 km**

Leaving the **bustling seaside towns** behind head inland, gradually ascending via a **succession of pastures** and rolling **wheat covered fields** that gently sway in the wind. This **sparsely populated**, vast expanse of **beautiful nature dotted** with **old crumbling farm** houses is a joy to the eye and a pallet of **contrasting colours** that change with every season. Spring is ripe with the lush green **wheat** that turns bronze **yellow in summer then ochre and brown as the fields are plowed**. Our destination for the next 2 nights is a **small family run farm** serving wonderful home grown and locally sourced Sicilian specialties prepared by the "mamma"

**Option A ride depart from Mezzapelle; Option B ride depart from Marsala**

*Challenge A: 41km, ascent 480mt, descent 300mt*

*Challenge B: 52km, ascent 620mt, descent 300mt*

### Day 4 **Greek temple of Segesta loop ride**

**16 km**

Contouring the gentling rolling hills ride to the **archeological site** of the ancient Elimian town of **Segesta** where, perched atop of a hill overlooking a deep **canyon**, an unusually well preserved though unfinished **5th century BC Doric temple** stands in full glory. A pleasant walk up the hill along a series of buildings dating back to various ages takes you to the ancient **Greek theater** carved into a **natural rock hollow**.

*Extend the day's ride to the local **hot springs for a dip** or **return to the farm to relax by the outdoor pool***

**Option A: ride to Segesta; Option B: ride to Terme Segestane**

*Challenge: 16km, ascent 120m, descent 120m*

*Challenge: 34km, ascent 330m, descent 330m*

### Day 5 **Ride Buseto Palizzolo to Trapani**

**35 km**

Heading back towards the coast wind our way through some more hills and then speed down to the lively city of **Trapani** where you spend 2 nights. Along the way see looming high above the ancient town of Erice said to have been **founded** by exiled **Trojans**. This was also an **important religious site** and a **famous temple** dedicated to **Aphrodite** come Venus in Roman times allegedly stood here. Spend the afternoon mingling with the locals enjoying stroll and people watching through the **pedestrian historic center** or head up to **Erice** via the **cable car**.

*Challenge: 35km, ascent 260m, descent 450m*

### Day 6 **Favignana Island loop ride**

**24 km**

This morning a **short boat ride** takes you to the **Island of Favignana**, the **largest** of the **3 Aegedian** Islands, set 7km off the western coast of Sicily and well **known** for its **tuna fishing tradition**. It's a delight to cycling on the **flat coastal roads** bordered by the inviting **turquoise colored sea**. Stop for a dip in one of the many **secluded coves** and **bays** and enjoy the slow pace of life people watching on the village square

*Challenge: 24km, ascent 40m, descent 40m*

### Day 7 **Arrivederci Trapani**

The trip and our services end after breakfast unless you have booked extra nights in Lecce.

## Prices, Data, Booking

Price pp		€
Double room, breakfast	price from	800.00
Single room, breakfast	02 Oct 2025 - 25 Nov 2025	1,080.00
	01 Mar 2026 - 25 Mar 2026	1,110.00
	26 Mar 2026 - 25 May 2026	1,133.00
	26 May 2026 - 24 Jun 2026	1,148.00
	25 Jun 2026 - 26 Jul 2026	1,195.00
	01 Sep 2026 - 30 Sep 2026	1,180.00
	01 Oct 2026 - 25 Nov 2026	1,110.00
season surcharge		€
	26 Mar 2026 - 27 Mar 2026	23.00
	28 Mar 2026 - 29 Mar 2026	23.00
	30 Mar 2026 - 31 Mar 2026	23.00
	01 Apr 2026 - 02 Apr 2026	23.00
	03 Apr 2026 - 04 Apr 2026	23.00
	05 Apr 2026 - 06 Apr 2026	23.00
	07 Apr 2026 - 08 Apr 2026	23.00
	09 Apr 2026 - 10 Apr 2026	23.00
	11 Apr 2026 - 12 Apr 2026	23.00
	13 Apr 2026 - 14 Apr 2026	23.00
	15 Apr 2026 - 16 Apr 2026	23.00
	17 Apr 2026 - 18 Apr 2026	23.00
	19 Apr 2026 - 20 Apr 2026	23.00
	21 Apr 2026 - 22 Apr 2026	23.00
	23 Apr 2026 - 24 Apr 2026	23.00
	25 Apr 2026 - 26 Apr 2026	23.00
	27 Apr 2026 - 28 Apr 2026	23.00
	29 Apr 2026 - 30 Apr 2026	23.00
	01 May 2026 - 02 May 2026	23.00
	03 May 2026 - 04 May 2026	23.00
	05 May 2026 - 06 May 2026	23.00
	07 May 2026 - 08 May 2026	23.00
	09 May 2026 - 10 May 2026	23.00
	11 May 2026 - 12 May 2026	23.00
	13 May 2026 - 14 May 2026	23.00
	15 May 2026 - 16 May 2026	23.00
	17 May 2026 - 18 May 2026	23.00
	19 May 2026 - 20 May 2026	23.00
	21 May 2026 - 22 May 2026	23.00
	23 May 2026 - 24 May 2026	23.00
	25 May 2026 - 25 May 2026	23.00
	26 May 2026 - 27 May 2026	38.00
	28 May 2026 - 29 May 2026	38.00
	30 May 2026 - 31 May 2026	38.00
	01 Jun 2026 - 02 Jun 2026	38.00
	03 Jun 2026 - 04 Jun 2026	38.00
	05 Jun 2026 - 06 Jun 2026	38.00
	07 Jun 2026 - 08 Jun 2026	38.00
	09 Jun 2026 - 10 Jun 2026	38.00
	11 Jun 2026 - 12 Jun 2026	38.00
	13 Jun 2026 - 14 Jun 2026	38.00
	15 Jun 2026 - 16 Jun 2026	38.00

	17 Jun 2026 - 18 Jun 2026	38.00
	19 Jun 2026 - 20 Jun 2026	38.00
	21 Jun 2026 - 22 Jun 2026	38.00
	23 Jun 2026 - 24 Jun 2026	38.00
	25 Jun 2026 - 26 Jun 2026	114.00
	27 Jun 2026 - 28 Jun 2026	114.00
	29 Jun 2026 - 30 Jun 2026	114.00
	01 Jul 2026 - 02 Jul 2026	114.00
	03 Jul 2026 - 04 Jul 2026	114.00
	05 Jul 2026 - 06 Jul 2026	114.00
	07 Jul 2026 - 08 Jul 2026	114.00
	09 Jul 2026 - 10 Jul 2026	114.00
	11 Jul 2026 - 12 Jul 2026	114.00
	13 Jul 2026 - 14 Jul 2026	114.00
	15 Jul 2026 - 16 Jul 2026	114.00
	17 Jul 2026 - 18 Jul 2026	114.00
	19 Jul 2026 - 20 Jul 2026	114.00
	21 Jul 2026 - 22 Jul 2026	114.00
	23 Jul 2026 - 24 Jul 2026	114.00
	25 Jul 2026 - 26 Jul 2026	114.00
	01 Sep 2026 - 02 Sep 2026	68.00
	03 Sep 2026 - 04 Sep 2026	68.00
	05 Sep 2026 - 06 Sep 2026	68.00
	07 Sep 2026 - 08 Sep 2026	68.00
	09 Sep 2026 - 10 Sep 2026	68.00
	11 Sep 2026 - 12 Sep 2026	68.00
	13 Sep 2026 - 14 Sep 2026	68.00
	15 Sep 2026 - 16 Sep 2026	68.00
	17 Sep 2026 - 18 Sep 2026	68.00
	19 Sep 2026 - 20 Sep 2026	68.00
	21 Sep 2026 - 22 Sep 2026	68.00
	23 Sep 2026 - 24 Sep 2026	68.00
	25 Sep 2026 - 26 Sep 2026	68.00
	27 Sep 2026 - 28 Sep 2026	68.00
	29 Sep 2026 - 30 Sep 2026	68.00
<b>Rental bike</b>		<b>€</b>
Hybrid		85.00
E-bike		130.00

## Accommodation

3\* Hotel and Agriturismo

## Practical Info



6 Nights included



3\* Star Hotels and Agriturismo



Breakfast included



Bike rental available



24h / service-hotline



Luggage transport



Marsala and Trapani



GPS-tracks available