

Bike Tour in Puglia and Basilicata: Matera, Alberobello & the coast

7 days, € 892



Introduction



This bike tour in Puglia takes you through one of southern Italy's most authentic and surprising regions, where ancient history, rural landscapes and the deep blue of the Adriatic Sea blend seamlessly. Starting in the unique stone city of **Matera**, the route unfolds along quiet country roads, centuries-old olive groves and dry-stone walls, connecting small villages, historic farmsteads and UNESCO-listed towns.

Pedal through the heart of the countryside to reach **Alberobello**, famous for its trulli houses, ride rolling inland hills around **Locorotondo**, and finally descend towards the coast to the lively seaside town of **Monopoli**. Along the

way, you'll experience traditional cuisine, warm hospitality and landscapes shaped by centuries of agricultural life, with daily rides designed to be enjoyable, varied and accessible.

This journey is ideal for cyclists looking for a relaxed yet rewarding cycling holiday, combining culture, food, history and stunning scenery on some of the most scenic roads in southern Italy.

Day to Day

Day 1 **Arrival in Matera**

The ancient town of the 'sassi' (stone dwellings) originates from a prehistoric troglodyte settlement that is suspected to be one of the first human settlements in Italy. Roaming through its maze of narrow alleys, up and down the stone stairs you will find yourself transported to a distant past. Many of the houses you encounter are really only caverns, and the streets in some parts of the 'sassi' are often located on the rooftops of other houses.

Day 2 **Cycle from Matera to Gioia del Colle**

36 km

After the short steep descent out of Matera, the rest of the way till Gioia del Colle is on very secondary country roads with hardly any traffic, wheat fields and small patches of woods you will find many of the roads lined by the typical dry stone walls of the area. Gioia del Colle has an imposing Svevian castle (worth a short visit).

Challenge: 36 km

Day 3 **From Gioia del Colle to Alberobello**

33 km

Cycle to your next destination - Alberobello. On tiny hidden back roads bordered by stone walls we cycle through the quiet countryside passing by 'masserie' (fortified farmsteads), grain fields, olive groves, and encounter many 'trulli' as you near Alberobello. These curious dry stone huts with their cone shaped roofs scattered throughout the countryside seem to belong to the world of elves.

Challenge: 33 km

Day 4 Alberobello Loop via Locorotondo**50 km**

A beautiful ride through gently rolling farm land on very secondary country lanes lined with stone walls. Ancient trully farm houses and centuries old Olive trees are everywhere to see. In the area around Locorotondo there are many vineyards and wine tasting is at the Cantina sociale. Stop to vist Locorotondo and Cisternino, two wonderful whitewashed old towns bursting with character and lunch is at a traditional olive mill.

Challenge: 50 km

Day 5 Cycle from Alberobello to Monopoli**32 km**

You cycle along a panoramic coastal road that is a natural balcony overlooking the beautiful blue waters of the Adriatic, then descend on winding roads, feeling the sea air to arrive at the town of Conversano. The coastal planes are cultivated with a variety of crops and dotted with elegant 'masserie' farmsteads. Monopoli - a bustling fishing town, with splendid white-washed houses, narrow alleyways and our charming accommodation positioned in the heart of the old town.

Challenge: 32 km

Day 6 Monopoli loop via Egnazia**44 km**

Mostly a coastal ride passing by the Roman archeological site of Egnazia then continuing on to the lighthouse at the tip of the bay in Torre Canne and returning the way you came, passing the San Domenico gold course. The route is compleatly flat on narrow country lanes lined with stone walls, ancient and immense olive trees and vegetable gardens. There are several nice swimming spots along the way so bring your swimming things!

Challenge: 44 km

Day 7 Arrivederci Monopoli!

Trip ends after breakfast unless you have other services booked with us.

Prices, Data, Booking

Price pp		€
Double room, breakfast	price from	892.00
Single room, breakfast	01 Apr 2026 - 04 Apr 2026	1,238.00
	05 Apr 2026 - 06 Apr 2026	1,238.00
	07 Apr 2026 - 08 Apr 2026	1,238.00
	09 Apr 2026 - 10 Apr 2026	1,238.00
	11 Apr 2026 - 12 Apr 2026	1,238.00
	13 Apr 2026 - 14 Apr 2026	1,238.00
	15 Apr 2026 - 20 Apr 2026	1,238.00
	21 Apr 2026 - 22 Apr 2026	1,238.00
	23 Apr 2026 - 24 Apr 2026	1,238.00
	25 Apr 2026 - 28 Apr 2026	1,232.00
	29 Apr 2026 - 30 Apr 2026	1,232.00
	01 May 2026 - 02 May 2026	1,232.00
	03 May 2026 - 06 May 2026	1,232.00
	07 May 2026 - 08 May 2026	1,232.00
	09 May 2026 - 10 May 2026	1,232.00
	11 May 2026 - 12 May 2026	1,232.00
	13 May 2026 - 14 May 2026	1,232.00
	15 May 2026 - 16 May 2026	1,232.00
	17 May 2026 - 18 May 2026	1,232.00
	19 May 2026 - 20 May 2026	1,232.00
	21 May 2026 - 22 May 2026	1,232.00
	23 May 2026 - 24 May 2026	1,232.00
	25 May 2026 - 25 May 2026	1,232.00
	26 May 2026 - 27 May 2026	1,258.00
	28 May 2026 - 29 May 2026	1,258.00
30 May 2026 - 31 May 2026	1,258.00	
01 Jun 2026 - 08 Jun 2026	1,258.00	
09 Jun 2026 - 25 Jul 2026	1,277.00	
01 Sep 2026 - 30 Sep 2026	1,277.00	
01 Oct 2026 - 31 Oct 2026	1,258.00	
season surcharge		€
	25 Apr 2026 - 26 Apr 2026	20.00
	27 Apr 2026 - 28 Apr 2026	20.00
	29 Apr 2026 - 30 Apr 2026	20.00
	01 May 2026 - 02 May 2026	20.00
	03 May 2026 - 04 May 2026	20.00
	05 May 2026 - 06 May 2026	20.00
	07 May 2026 - 08 May 2026	20.00
	09 May 2026 - 10 May 2026	20.00
	11 May 2026 - 12 May 2026	20.00
	13 May 2026 - 14 May 2026	20.00
	15 May 2026 - 16 May 2026	20.00
	17 May 2026 - 18 May 2026	20.00
	19 May 2026 - 20 May 2026	20.00
	21 May 2026 - 22 May 2026	20.00
	23 May 2026 - 24 May 2026	20.00
	25 May 2026 - 25 May 2026	20.00
	26 May 2026 - 27 May 2026	34.00
	28 May 2026 - 29 May 2026	34.00
	30 May 2026 - 31 May 2026	34.00

01 Jun 2026 - 02 Jun 2026	34.00
03 Jun 2026 - 04 Jun 2026	34.00
05 Jun 2026 - 06 Jun 2026	34.00
07 Jun 2026 - 08 Jun 2026	34.00
09 Jun 2026 - 10 Jun 2026	54.00
11 Jun 2026 - 12 Jun 2026	54.00
13 Jun 2026 - 14 Jun 2026	54.00
15 Jun 2026 - 16 Jun 2026	54.00
17 Jun 2026 - 18 Jun 2026	54.00
19 Jun 2026 - 20 Jun 2026	54.00
21 Jun 2026 - 22 Jun 2026	54.00
23 Jun 2026 - 24 Jun 2026	54.00
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25 Sep 2026 - 26 Sep 2026	54.00
27 Sep 2026 - 28 Sep 2026	54.00
29 Sep 2026 - 30 Sep 2026	54.00
01 Oct 2026 - 02 Oct 2026	34.00
03 Oct 2026 - 04 Oct 2026	34.00
05 Oct 2026 - 06 Oct 2026	34.00
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23 Oct 2026 - 24 Oct 2026	34.00

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	27 Oct 2026 - 28 Oct 2026	34.00
	29 Oct 2026 - 30 Oct 2026	34.00
	31 Oct 2026 - 31 Oct 2026	34.00
Rental bike		€
Hybrid		45.00
E-bike		195.00
Extra services		€
Bike helmet	per piece	10.00
Giving back to nature	per piece	5.00

Accommodation

Nights in 3-star hotels with breakfast

Practical Info



6 nights included



3 Star Hotels



Breakfast included



Bike rental available



7-days a week service-hotline



Luggage transport included



Matera (Return from Monopoli)



GPS-tracks available